



**CANYON INDEPENDENT
SCHOOL DISTRICT
2017-18**

STUDENT-PARENT ATHLETIC HANDBOOK

**Revised
July, 2017**



WHY THIS HANDBOOK?

This handbook has been developed in order to establish a foundation for all athletes, coaches, teachers, administrators and community members to build upon. It is imperative all involved are of one philosophy and objective to avoid confusion and personal agendas. The expectations for athletes and their coaches within the Canyon Independent School District Athletic Department are high due to the fact that athletic competition is highly visible within the community. It is with full consideration and recognition of that fact that this handbook has been developed.

SWEAT

*Sweat, the most important ingredient of success.
If you don't produce it, you are satisfied with less.
Do you really sweat? I mean really bust your tail?
Or do you go half speed, teaching others how to fail?
Sweat doesn't come easy, it starts from within.
Sweat is liquid courage, a pre-requisite to win.
Tired of being average? Just barely getting by?
Set your sights on sweatin' and reach for the sky.
Taste it in your mouth, let its salt be your meal.
Push your body to its limit, try sweatin' for real.
Sweat, it's gasoline for your inner fire.
Stay focused and remember, anyone can perspire!*



CANYON INDEPENDENT SCHOOL DISTRICT ATHLETIC DEPARTMENT

“The way the game should be played.”

OUR PHILOSOPHY:

Our approach to each sport is governed by a simple philosophy: Athletics is a part of the total education process. Therefore we will strive to give **300%** every time a team or individual from the Canyon Independent School District’s athletic program steps into the classroom or into the arena of competition. **100%** effort by **100%** of athletes and coaches involved **100%** of the time. **300%**

OUR OBJECTIVE:

To provide the opportunity of athletic participation to every student who has the ability and desire to do so, while creating and implementing a positive environment that encourages both athletic and academic excellence.

COMMUNICATION COACHES EXPECT FROM THE PARENTS

- Concerns expressed directly to the coach
- Notification of any schedule conflicts in advance
- Notification of injury or illness in a timely manner

APPROPRIATE CONCERNS TO DISCUSS WITH COACHES

- Coaches interaction with your child
- Ways to help your child improve athletic skills
- Concern about your child's interaction with others

TOPICS NOT TO BE DISCUSSED

- Playing time
- Team strategy
- Play calling
- Other student/athletes

PARENT-COACH MEETING PROCEDURE

1. Call the school and ask for the coach's extension.
2. Request a meeting.
3. If the coach is unavailable, call the Campus Athletic Coordinator and request a meeting to be arranged.
4. Do not confront a coach before or after a practice or game. Meetings of this nature usually do not promote positive resolutions.

NEXT STEP IF NOT SATISFIED

1. Call the Campus Athletic Coordinator
2. Call the District Athletic Director
3. Call the Campus Principal

THE CISD ATHLETE

There are many advantages of being a member of an athletic team in the Canyon Independent School District. In fact, there are so many that it would be difficult to list them all. But there are some realities each athlete needs to be aware of before accepting the challenge of becoming a student athlete for his or her school.

1. You may practice and never get to start.
2. Training rules may cramp your social life. Sacrifices will be necessary.
3. You will have to practice every day after school, Saturday's and possibly on holidays.
4. Less study time will be available, yet you must pass to be eligible to play.
5. Do not expect favors because you are an athlete, expect a challenge.
6. Expected to be well behaved on and off the field. What you do off the field may get you dismissed.
7. Expected to follow C.I.S.D. Student Code of Conduct.

If you like to party, then you'd better decide what is more important. A good party or a uniform. It will be tough having both.

Most things listed in Athletic Conduct should be self-imposed rules. Although if you lack the maturity of self discipline, then it will be necessary for the Athletic Department to instigate disciplinary action, possibly even permanent dismissal.

To be admired as a champion and as an athlete – ACT RIGHT!

CISD ATHLETIC CONDUCT

1. No profanity or trash talk. Remember, people don't see you, they see the school's name across your chest.
2. School attendance is required on game day unless approved by the coach and principal.
3. Truancy is a violation of the Athletic Code. Go to class!
4. Male in season hair policy;
No facial hair. Hair should be out of the eyes and off the shoulders, and not below the ear lobe. Pony tails, mohawks, multiple colors, etc. are not permitted.
5. No jewelry during practice or games.
6. Go to practice. There are very few acceptable excuses to miss a practice.
7. Any athlete that quits a sport after games start will not be allowed in another sport until the sport he or she quit has finished or has received the consent from all coaches involved. Also note that any athlete who quits or is dismissed from a sport forfeits that sports athletic award.
8. If a student becomes academically ineligible for two six weeks in a row, they may be dismissed from athletics. The student can be reinstated when academic stability is demonstrated.
9. **NO HAZING!** (*hazing*) Any activity intentionally taken for the purpose of initiation in which any student(s) humiliates, degrades, or physically or mentally abuses any other student.
10. Being in the environment of alcohol, tobacco, vaping or any illegal substance is prohibited. If you are at a party, in a car, etc. where drugs and alcohol are present, **LEAVE!** Do not be found guilty by association.
11. Engaging in inappropriate or indecent exposure of private body parts or sexual conduct in locker rooms, or playing fields/courts or while on athletic trips.

12. Coaches may have additional rules that pertain to their program.
13. It will be considered a breach of the CISD Code of Conduct to allow a student athlete who is charged with and/or under indictment for a felony crime to participate in an athletic contest.

Violations of Athletic Conduct are subject to being “written up” resulting in a strike.

EXPECTATIONS OF PARENTS / FANS

Spectators have a responsibility while viewing an athletic event. Their attitudes and actions influence High School youth. It is important that they display the best of sportsmanship to help instill proper citizenship, attitudes and ideas in our youth. As a spectator you should respect the time and effort each team, coach, and official has put forth. You should refrain from any negative comments aimed at these people. (It is the responsibility of Canyon ISD to see that the above is adhered to.)

Any comments or actions of this nature could result in the individual or individuals being removed from the athletic events. Repeated problems may result in removal from CISD facilities for a period of time or possibly permanently.

Complaints must be reported to the coach within 15 days of the incident or situation.

Obviously all situations can not be noted.
Therefore the athletic staff can determine
inappropriate behavior.

ATHLETIC LETTERING POLICY

An athletic letter award (letter or jacket) should require serious sacrifices on the part of the student athlete. The school letter should be symbols of not only school pride, but also of hard work and dedication in the classroom and on the playing field. If they are handed out as “favors,” then the value of the award is diminished for all that have earned theirs the right way. If sacrifices were not made, then the athlete does not deserve it.

In order to receive an athletic award each athlete must participate and complete the season on the varsity team at listed level.

By U.I.L. rules, each athlete can be awarded one (1) letter jacket during their high school career.

FOOTBALL	5 or More Games
BASKETBALL	14 or More Games
TRACK	4 or More Meets
CROSS COUNTRY	4 or More Meets
VOLLEYBALL	14 or More Matches
BASEBALL	13 or More Games
SOFTBALL	13 or More Games
SOCCER	9 or More Games
TENNIS	50% or More Matches
GOLF	4 or More Tournaments
WRESTLING	Recommendation of Coach
POWER LIFTING	Recommendation of Coach
STUDENT TRAINER/ MGR	3 Consecutive Seasons or 2 Years at Varsity Level

AND/OR have the unreserved recommendation of the head coach of the varsity sport participated in.

CISD ATHLETIC TRAINING RULE

*******APPLIES 365 DAYS A YEAR*******

Consumption and/or sale of alcohol, or any illegal substance are strictly prohibited. Violators will be “written up” resulting in a strike.

Minor In Possession (Alcohol, Tobacco or Drugs)

The student/athlete will be disciplined by the head coach. A second MIP will result in a strike. Any violation after receiving strike one is a strike.

PENALTIES FOR VIOLATIONS

FIRST STRIKE OFFENDERS of rules are subject to disciplinary action, suspension or expulsion. The head coach has the authority to extend the punishment beyond the minimum mandatory suspension. Action recommended might be in addition to any action taken as a result of policies that apply to all students. The coach and Athletic Administration will consult parents. Counseling may be recommended. All first offenders will be “written up” resulting in **STRIKE ONE!**

SECOND STRIKE OFFENDERS of rules are subject to disciplinary action, suspension or expulsion. The head coach has the authority to determine the extend of punishment beyond the minimum mandatory suspension. Action recommended might be in addition to any action taken as a result of policies that apply to all students. The coach and Athletic Administration will consult parents. Counseling will be required. All second offenders will be “written up” resulting in **STRIKE TWO!**

MINIMUM MANDATORY SUSPENSION FOR STRIKE ONE

Football	1 game	Volleyball	2 matches
Basketball.....	2 games	Baseball.....	2 games
Track	1 meet	Softball.....	2 games
Cross Country	1 meet	Soccer.....	2 games
Tennis.....	1 tournament	Golf	1 tournament
Team Tennis	2 duals	Power lifting.....	1 meet
Wrestling.....	1 meet	Cheerleading	2 contest
Student Trainer/Manager	2 of in Sport Season		

Strike Two Offenders - Multiply the above number by 2 for Minimum Mandatory Suspension

DISMISSAL PROCEDURE

If a student athlete has been allowed to return after a second strike, this student will return on a “three strikes and you’re out” status. Meaning a third violation between the grades of 9-12 would be **STRIKE THREE!** This would result in automatic dismissal from the athletic program for the remainder of his or her eligibility. A review committee will be formed that is made up of the athlete’s present coach, campus athletic coordinator, campus head coach, campus principal, and district athletic director prior to issuing the third strike. The district athletic director will chair the committee that will include, but not be limited to, the following criteria:

- 1. Student athlete’s personal file.***
- 2. Willingness to follow athletic training rules.***
- 3. Behavior and reaction since first offense.***

Appeal Process:

NOTE: Athletics is a privilege, not a right. However, a student/athlete has the option to appeal a decision if he or she chooses to do so. Any appeal must seek Administrative Remedy beginning with the head coach of the particular sport in question.

Any student charged with and/or under indictment for a felony will not be allowed to represent CISD in an athletic contest. The

student will be considered suspended. The student may be allowed to practice. This is not a presumption of guilt but rather affords the accused time to resolve the charge. Things that will be considered after the charge is resolved to determine if and when participation will be allowed:

- 1.) the level of the felony charge,
- 2.) sentencing.
- 3.) past discipline records,
- 4.) should a “strike” be administered.

Violations of the athletic code of conduct that are discovered at a later time will be dealt with on a case by case basis. Exception: a felony charge (see above). Things that will be considered:

- 1.) was it criminal conduct,
- 2.) the charge (if charged).
- 3.) should a “strike” be administered,
- 4.) past discipline records.

OVERNIGHT TRAVEL

Coaches and/or sponsors have the authorization to inspect travel bags and luggage before traveling on overnight trips. Students are responsible for making sure that all contents in their possession are in accordance with school policy.

CISD ATHLETIC RESIDENCY POLICY

- In Canyon ISD, students establish residency for athletic purposes in the 9th grade.
- If a student changes high schools anytime after being in attendance at a CISD campus in the 9th grade, the student automatically becomes ineligible to participate in ALL athletics for the remainder of their high school athletic eligibility.
- The student may apply for an eligibility waiver through the CISD Athletic office. Approval is not guaranteed.

UIL TRANSFER POLICY

A student who changes schools for athletic purposes **is not eligible to compete in varsity athletics** at the school which he or she moves for at least **one** calendar year, even if both parents move to the new school attendance zone.

The District Executive Committee for the district into which the student moves shall determine **when or if** the student who moves for athletic purposes becomes eligible.

A student attending a school outside the attendance zone where the parents reside **would not be eligible for varsity athletics** for **one** calendar year. A Previous Athletic Participation (PAP) must be filled out **each year** if the parents of the student do not reside in the attendance zone.

A student who changes school for non-athletic purposes must be enrolled **and in** regular attendance for **15** or more calendar days before becoming eligible for varsity athletics. The student becomes eligible on the **15th** day.

I, the undersigned, have read and fully understand the Canyon Independent School District's Student Athletic Handbook and agree to comply with it.

Student Athlete's Signature

Date

Parent's Signature

Date

Athletic Coordinator's Initials

Date

It is the expectation of the C.I.S.D. coaches that school sponsored sports take precedent over non-school sponsored sports.sports.