



Menu is subject to change without notice. Menu subject to availability and seasonality of items.

Breakfast entrées are listed in italics. Fresh Fruits and/or fruit juice are available everyday with milk. Student must choose a fruit and two more items at breakfast.

Lunch entrées are bold and include Fresh Fruits & Veggies (rotating items listed below calendar) and choice of milk daily.

GO!

SLOW

WHOA

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<i>Assorted Cereals</i>	<i>Cereal or Hot Oatmeal</i>	<i>Assorted Cereals</i>	<i>Cereal or Hot Oatmeal</i>	<i>Assorted Cereals</i>
<i>Waffle & Syrup</i> Meatloaf • w/Gravy & Roll Turkey Sandwich Fruit, Cheese & Yogurt Platter w/Cinnamon Tortilla Crisps	<i>Bacon, Egg & Cheese Flatbread</i> Popcorn Chicken Bowl w/Mini Pretzels Egg Salad Sandwich Tuna Salad Platter • w/Roll	<i>Pancakes & Syrup</i> Cheesy Penne Pasta Chicken Buffalo Wrap Ham & Turkey Cobb Salad w/Flatbread	<i>Kolaches</i> Chicken Tater Nacho Bites • w/Tortilla Chips Cheese Wrap Chicken Ranch Salad w/Pretzel	<i>Biscuits & Gravy</i> Cajun Chili Fries Bowl w/Flatbread Ham & Cheese Sub Popcorn Chicken Salad w/Pretzel Roll
<i>Sausage, Egg & Cheese Burrito</i> Mozzarella Cheese Sticks • w/Marinara Sauce SantaFe Turkey Wrap Chicken Chef Salad w/Pretzel Roll	<i>Pancake-on-a-Stick</i> Cajun Meatball Stew w/Roll Ham & Cheese Sandwich Nacho Chicken Salad w/Tortilla Crisps	<i>Breakfast Pizza</i> Oriental Chicken w/Broccoli & Rice Tuna Salad Sandwich Romaine & Cheese Salad • w/Pretzel	SCHOOL HOLIDAY	SCHOOL HOLIDAY
SCHOOL HOLIDAY	<i>Kolaches</i> Chicken Nugget • & Cream Gravy • Bowl w/Tortilla Crisps Buffalo Chicken Wrap Ham & Turkey Cobb Salad w/Pretzel	<i>Scrambled Eggs, Hashbrowns & Toast</i> Chili Mac Pasta • w/Bstick Ham & Turkey Sandwich Fresh Apple & Cheese Plate w/Cinnamon Tortilla Crisps	<i>Banana Muffin</i> Roast Turkey • w/Stuffing • & Gravy Ham & Cheese Sandwich Popcorn Chicken Salad w/Goldfish Crackers	<i>Waffle & Syrup</i> Chicken • & Ham • Jambalaya Stew w/Rice Turkey & Cheese Wrap Bean Nacho Salad w/Tortilla Chips
<i>Chocolate Glazed Donut</i> Pancakes • & Sausage Turkey Sandwich Kickin Pinto' Salad w/Tortilla Crisps	<i>Sausage, Egg & Cheese Burrito</i> Fish Sticks w/Mac & Cheese Ham & Turkey Sandwich Turkey Chef Salad • w/Roll	<i>French Toast Sticks</i> Breaded Chicken Drumstick • w/Corn Muffin Ham Sandwich Beef Nacho Salad w/Tortilla Chips	<i>Breakfast Pizza</i> Bean & Rice Tortilla Bowl Tuna Salad Sub Popcorn Chicken Salad w/Flatbread	<i>Biscuits & Gravy</i> Sweet & Sour Popcorn Chicken • w/Broccoli & Egg Roll Ham Wrap Tuna Platter • w/Pretzel Roll
<i>Omelet, Hashbrown & Toast</i> Chicken Drumstick w/Roll Ham Sandwich Veggie Baja Salad w/Pretzels	<i>Pancake-on-a-stick</i> Rotini & Marinara • w/Breadstick Turkey Wrap Chicken Caesar Salad w/Goldfish Crackers	<i>Egg & Ham Flatbread</i> Baked Potato • w/Cheese & Broccoli • & Pretzel Egg Salad Sandwich Ham & Turkey Chef Salad • w/Flatbread	<i>Blueberry Muffin</i> Soup, Chili w/Tortilla Crisps Chicken Salad Sandwich Egg Chef Salad • w/Roll	<i>Breakfast Pizza</i> General Tso Popcorn Chicken • w/Broccoli & Rice Cheese Sub Sandwich Taco Salad • w/Tortilla Crisps
<i>Waffle & Syrup</i> Meatloaf • w/Gravy & Roll Turkey Sandwich Fruit, Cheese & Yogurt Platter w/Cinnamon Tortilla Crisps	<i>Bacon, Egg & Cheese Flatbread</i> Popcorn Chicken Bowl w/Mini Pretzels Egg Salad Sandwich Tuna Salad Platter • w/Roll	<i>Pancakes & Syrup</i> Cheesy Penne Pasta Chicken Buffalo Wrap Ham & Turkey Cobb Salad w/Flatbread	<i>Kolaches</i> Chicken Tater Nacho Bites • w/Tortilla Chips Cheese Wrap Chicken Ranch Salad w/Pretzel Roll	<i>Biscuits & Gravy</i> Cajun Chili Fries Bowl w/Flatbread Ham & Cheese Sub Popcorn Chicken Salad • w/Pretzel Roll

BREAKFAST CHOICES

ON THE MENU
Daily Featured Entrée

CEREALS EVERYDAY
Coco Puffs • Lucky Charms
Cinnamon Toast Crunch

TUESDAY & THURSDAY
Hot Oatmeal w/String Cheese & Animal Crackers

WEDNESDAY
Waffle & Syrup

Canyon ISD Meal Prices 2017-2018

BREAKFAST
Student & Child Visitors\$1.30
Reduced30¢
Faculty/Staff & Adult Visitors\$1.90

LUNCH
Elementary (K–4th) ...\$2.10
Students 5th–12th ...\$2.30
Reduced40¢
Faculty/Staff\$3.00

monday	tuesday	wednesday	thursday	friday
MADE-TO-ORDER MEXICAN BAR Tortilla Chips Ground Beef Fajita Chicken Beans Cheese • Jalapeños • Salsa Tomato • Lettuce	MADE-TO-ORDER SANDWICH BAR Sub Bread Turkey Ham Cheese • Tomato • Lettuce	MADE-TO-ORDER MEXICAN BAR Tortilla Chips Ground Beef Fajita Chicken Beans Cheese • Jalapeños • Salsa Tomato • Lettuce	MADE-TO-ORDER SANDWICH BAR Sub Bread Turkey Ham Cheese • Tomato • Lettuce	MADE-TO-ORDER MEXICAN BAR Tortilla Chips Ground Beef Fajita Chicken Beans Cheese • Jalapeños • Salsa Tomato • Lettuce
GRILL SELECTIONS Premium Chicken Sandwich Hamburger Cheeseburger Corn Dog Chicken Tenders w/Roll	GRILL SELECTIONS Premium Chicken Sandwich Hamburger Cheeseburger Corn Dog Chicken Tenders w/Roll	GRILL SELECTIONS Premium Chicken Sandwich Hamburger Cheeseburger Corn Dog Chicken Tenders w/Roll	GRILL SELECTIONS Premium Chicken Sandwich Hamburger Cheeseburger Corn Dog Chicken Tenders w/Roll	GRILL SELECTIONS Premium Chicken Sandwich Hamburger Cheeseburger Corn Dog Chicken Tenders w/Roll
PIZZA Cheese w/Breadstick Pepperoni w/Breadstick	PIZZA Cheese w/Breadstick Pepperoni w/Breadstick	PIZZA Cheese w/Breadstick Pepperoni w/Breadstick	PIZZA Cheese w/Breadstick Pepperoni w/Breadstick	PIZZA Cheese w/Breadstick Pepperoni w/Breadstick

everyday lunch choice:
SunButter & Jelly Sandwich

additional selections everyday!

LOOK for FUEL days and check out new entrées!

everyday sides

super sides, fresh fruits & veggies and 100% fruit juice

items listed below rotate on their respective days and may be substituted based on availability/seasonality

- Baby Carrots • Campfire Pinto Beans • Corn • Creamy Coleslaw • Cucumber & Tomato Salad • French Fries • Fresh Broccoli • Fresh Cantaloupe • Fresh Grapes • Fresh Plum • Fresh Strawberries • Fresh Tomato Wedges • Fresh Watermelon • Fresh Zucchini • Fruit Mix • Garden Side Salad • Green Beans • Kickin' Pinto Beans • Mandarin Oranges • Mashed Potatoes • Mixed Vegetables • Orange Glazed Carrots • Pineapple Tidbits • Potato Salad • Red Pepper Strips • Roasted Zucchini Squash • Seasoned Corn • Spinach & Strawberry Salad • Steamed Broccoli • Steamed Carrots • Steamed Green Beans • Sweet Potato Fries • Sweet Potato Tots • Tater Tots • Apple Juice • Fruit Juice • Grape Juice • Orange Juice • 1% Milk • Chocolate Milk

THE LUNCH PROGRAM The "Offer Vs Serve" Lunch Program was designed by the federal government to eliminate food waste. This program requires each student (PK–12th grade) to choose at least 3 of the 5 components each day. Their choices must include 1 fruit and/or vegetable and at least two more of the items offered. We encourage them to take all five items each day. Lunch serving consists of: Entrée (meat/meat/alternates), fruits, vegetables, grains/breads, assortment of low-fat milk.

