

Bundle up & get cozy!

November 6 – December 21

ELEMENTARY

Menu is subject to change without notice. Menu subject to availability and seasonality of items.

Breakfast entrées are listed in italics. Fresh Fruits and/or fruit juice are available everyday with milk. Student must choose a fruit and two more items at breakfast.

Lunch entrées are **bold** and include Fresh Fruits & Veggies (rotating items listed below calendar) and choice of milk daily.

GO!

SLOW

WHOA

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<i>Ham, Egg & Cheese Burrito</i> <i>Assorted Cereals</i> Ham, Egg & Cheese Burrito Mozzarella Cheese Sticks • w/Marinara Sauce • Chicken Nuggets • w/Bstick • SantaFe Turkey Wrap • Chicken Chef Salad • w/Pretzel Roll •	<i>Pancake-on-a-Stick</i> <i>Cereal or Hot Oatmeal</i> Pancake-on-a-Stick Cajun Meatball Stew • w/Roll • Chicken Sandwich • Ham & Cheese Sandwich • Nacho Chicken Salad • w/Tortilla Crisps •	<i>Breakfast Pizza</i> <i>Assorted Cereals</i> <i>Cereal & String Cheese</i> Oriental Chicken • w/Broccoli • & Rice • Hamburger/Cheeseburger • Tuna Salad Sandwich • Romaine & Cheese Salad • w/Pretzel •	<i>French Toast Sticks</i> <i>Cereal or Hot Oatmeal</i> <i>French Toast Sticks</i> Spaghetti Carbonara • w/Bacon • & Chicken • Hot Dog • Ham & Cheese Wrap • Turkey Chef Salad • w/Roll •	<i>Ham, Egg & Cheese Flatbread</i> <i>Assorted Cereals</i> <i>Maple Blast Pancakes</i> Cheese Pizza • Fish Melt Sandwich • Turkey Sandwich • Ham Chef Salad • w/Flatbread •
<i>Bacon, Egg & Cheese Flatbread</i> <i>Assorted Cereals</i> <i>Powered Sugar Donut Holes</i> Salisbury Steak • w/Gravy • & Noodles • Chicken Nuggets • w/Bstick • Egg Salad • Sub • Diced Chicken Salad • w/Cheese • & Roll •	<i>Kolaches</i> <i>Cereal or Hot Oatmeal</i> <i>Kolaches</i> Chicken Nugget • & Country Gravy • Bowl w/Tortilla Crisps • Chicken Sandwich • Buffalo Chicken Wrap • Ham & Turkey Cobb Salad • w/Pretzel •	<i>Scrambled Eggs,</i> <i>Hashbrowns & Toast</i> <i>Assorted Cereals</i> <i>Cereal & String Cheese</i> ChiliMac Pasta • w/Bstick • Hamburger/Cheeseburger • Ham & Turkey Sandwich • Fresh Apple & Cheese Plate • w/Cinnamon Tortilla Crisps •	<i>Banana Muffin</i> <i>Cereal or Hot Oatmeal</i> <i>Banana Muffin</i> Roast Turkey • w/Stuffing • & Gravy • Hot Dog • Ham & Cheese Sandwich • Popcorn Chicken Salad • w/Goldfish Crackers •	<i>Waffle & Syrup</i> <i>Assorted Cereals</i> <i>Blueberry Waffles</i> Cheese Pizza • Chicken • PhillySteak Sandwich • Turkey & Cheese Wrap • Bean Nacho Salad • w/Tortilla Chips •
<i>Chocolate Glazed Donut</i> <i>Assorted Cereals</i> <i>Maple Blast Pancakes</i> Pancakes • & Sausage • Chicken Nuggets • w/Breadstick • Turkey Sandwich • Kickin Pinto Salad • w/Tortilla Crisps •	<i>Sausage, Egg & Cheese Burrito</i> <i>Cereal Oatmeal</i> <i>Sausage Biscuit</i> Fish Sticks • w/Mac & Cheese • Chicken Sandwich • Ham & Turkey Sandwich • Turkey Chef Salad • w/Roll •	SCHOOL HOLIDAYS Happy Thanksgiving!		
<i>Omelet, Hashbrown & Toast</i> <i>Assorted Cereals</i> <i>Chicken Biscuit</i> Chicken Drumstick • w/Roll • Chicken Nuggets • w/Breadstick • Ham Sandwich • Veggie Baja Salad • w/Pretzels •	<i>Pancake-on-a-stick</i> <i>Cereal or Hot Oatmeal</i> <i>Pancake-on-a-stick</i> Rotini & Marinara • w/Breadstick • Chicken Sandwich • Turkey Wrap • Chicken Caesar Salad • w/Goldfish Crackers •	<i>Egg & Ham Flatbread</i> <i>Assorted Cereals</i> <i>Breakfast Cinnamon Roll</i> Baked Potato • w/Broccoli • & Cheese • & Pretzel • Hamburger/Cheeseburger • Egg Salad Sandwich • Ham & Turkey Chef Salad • w/Flatbread •	<i>Blueberry Muffin</i> <i>Cereal or Hot Oatmeal</i> <i>Blueberry Muffin & Yogurt</i> Soup, Chili • w/Tortilla Crisps • Hot Dog • Chicken Salad Sandwich • Egg Chef Salad • w/Roll •	<i>Breakfast Pizza</i> <i>Assorted Cereals</i> <i>Cinnamon Sugar Donut Holes</i> Pepperoni Pizza • Cheese Melt • Cheese Sub Sandwich • Taco Salad • w/Tortilla Crisps •
<i>Waffle & Syrup</i> <i>Assorted Cereals</i> <i>Blueberry Waffles</i> Meatloaf • w/Gravy • & Roll • Chicken Nuggets • w/Breadstick • Turkey Sandwich • Fruit, Cheese & Yogurt Platter • w/Cinnamon Tortilla Crisps •	<i>Bacon, Egg & Cheese Flatbread</i> <i>Cereal or Hot Oatmeal</i> <i>Cereal & String Cheese</i> Popcorn Chicken Bowl • w/Mini Pretzels • Chicken Sandwich • Egg Salad Sandwich • Tuna Salad Platter • w/Roll •	<i>Pancakes & Syrup</i> <i>Assorted Cereals</i> <i>Sausage Biscuit</i> Cheesy Penne Pasta • Hamburger/Cheeseburger • Chicken Buffalo Wrap • Ham & Turkey Cobb Salad • w/Flatbread •	<i>Kolaches</i> <i>Cereal or Hot Oatmeal</i> <i>Kolaches</i> Chicken Tater Nacho Bites • w/Tortilla Chips • Hot Dog • Cheese Wrap • Chicken Ranch Salad • w/Pretzel •	<i>Biscuits & Gravy</i> <i>Assorted Cereals</i> <i>Chocolate Muffin & Yogurt</i> Cheese Pizza • BBQ Rib on a Bun • Ham & Cheese Sub • Popcorn Chicken Salad • w/Pretzel Roll •
<i>Ham, Egg & Cheese Burrito</i> <i>Assorted Cereals</i> <i>Ham, Egg & Cheese Burrito</i> Mozzarella Cheese Sticks • w/Marinara Sauce • Chicken Nuggets • w/Bstick • SantaFe Turkey Wrap • Chicken Chef Salad • w/Pretzel Roll •	<i>Pancake-on-a-Stick</i> <i>Cereal or Hot Oatmeal</i> <i>Pancake-on-a-Stick</i> Cajun Meatball Stew • w/Roll • Chicken Sandwich • Ham & Cheese Sandwich • Nacho Chicken Salad • w/Tortilla Crisps •	<i>Breakfast Pizza</i> <i>Assorted Cereals</i> <i>Cereal & String Cheese</i> Oriental Chicken • w/Broccoli • & Rice • Hamburger/Cheeseburger • Tuna Salad Sandwich • Romaine & Cheese Salad • w/Pretzel •	<i>French Toast Sticks</i> <i>Cereal or Hot Oatmeal</i> <i>French Toast Sticks</i> Spaghetti Carbonara • w/Bacon • & Chicken • Hot Dog • Ham & Cheese Wrap • Turkey Chef Salad • w/Roll •	<i>Ham, Egg & Cheese Flatbread</i> <i>Assorted Cereals</i> <i>Maple Blast Pancakes</i> Cheese Pizza • Fish Melt Sandwich • Turkey Sandwich • Ham Chef Salad • w/Flatbread •
<i>Bacon, Egg & Cheese Flatbread</i> <i>Assorted Cereals</i> <i>Powered Sugar Donut Holes</i> Salisbury Steak • w/Gravy • & Noodles • Chicken Nuggets • w/Bstick • Egg Salad • Sub • Diced Chicken Salad • w/Cheese • & Roll •	<i>Kolaches</i> <i>Cereal or Hot Oatmeal</i> <i>Kolaches</i> Chicken Nugget • & Country Gravy • Bowl w/Tortilla Crisps • Chicken Sandwich • Buffalo Chicken Wrap • Ham & Turkey Cobb Salad • w/Pretzel •	<i>Scrambled Eggs,</i> <i>Hashbrowns & Toast</i> <i>Assorted Cereals</i> <i>Cereal & String Cheese</i> ChiliMac Pasta • w/Bstick • Hamburger/Cheeseburger • Ham & Turkey Sandwich • Fresh Apple & Cheese Plate • w/Cinnamon Tortilla Crisps •	<i>Banana Muffin</i> <i>Cereal or Hot Oatmeal</i> <i>Banana Muffin</i> Roast Turkey • w/Stuffing • & Gravy • Hot Dog • Ham & Cheese Sandwich • Popcorn Chicken Salad • w/Goldfish Crackers •	



READING THE MENU BREAKFAST:
 Traditional Breakfast is listed in purple
 Lakeview Elementary: Breakfast in the Classroom is listed in orange

everyday lunch choice:
 SunButter & Jelly Sandwich

Canyon ISD Meal Prices 2017-2018

BREAKFAST
 Student & Child Visitors \$1.30
 Reduced 30¢
 Faculty/Staff & Adult Visitors \$1.90

LUNCH
 Elementary (K-4th) ... \$2.10
 Students 5th-12th .. \$2.30
 Reduced 40¢
 Faculty/Staff \$3.00



ACE DAY
 new entrées and give-a-ways on special days!

Check your school's calendar for your THANKSGIVING & HOLIDAY LUNCHESES!

On your dates, the following menu will be served:
 Turkey & Dressing w/Gravy
 Mashed Sweet Potatoes
 Green Beans
 Roll & Dessert
 Parents & Guardians are invited to share a meal with their student.

WINTER HOLIDAYS
 Be safe, have fun, see you next year!
 Spring semester starts Monday, January 8, 2018

everyday | *super sides, fresh fruits & veggies and 100% fruit juice*

items listed below rotate on their respective days and may be substituted based on availability/seasonality

- Baby Carrots • Campfire Pinto Beans • Corn • Creamy Coleslaw • Cucumber & Tomato Salad • French Fries • Fresh Broccoli • Fresh Cantaloupe • Fresh Grapes • Fresh Plum • Fresh Strawberries • Fresh Tomato Wedges • Fresh Watermelon • Fresh Zucchini • Fruit Mix • Garden Side Salad • Green Beans • Jicama Sticks • Kickin' Pinto Beans • Mandarin Oranges • Mashed Potatoes • Mixed Vegetables • Orange Glazed Carrots • Pineapple Tidbits • Potato Salad • Red Pepper Strips • Roasted Brussels Sprouts • Roasted Zucchini & Squash • Sautéed Kale • Seasoned Corn • Spinach & Strawberry Salad • Steamed Broccoli • Steamed Carrots • Steamed Green Beans • Sweet Potato Fries • Sweet Potato Tots • Tater Tots • Apple Juice • Fruit Juice • Grape Juice • Orange Juice • 1% Milk • Chocolate Milk

THE LUNCH PROGRAM The "Offer Vs Serve" Lunch Program was designed by the federal government to eliminate food waste. This program requires each student (PK-12th grade) to choose at least 3 of the 5 components each day. Their choices must include 1 fruit and/or vegetable and at least two more of the items offered. We encourage them to take all five items each day. Lunch serving consists of: Entrée (meat/meat/alternates), fruits, vegetables, grains/breads, assortment of low-fat milk.

END OF THIRD GRADING PERIOD