

Food/Clothing Resources

Canyon Cares

1719 5th Ave. (Canyon)

806-655-1032

Will work with families to meet a variety of basic need including assistance with utilities. Some programs have eligibility requirements.

M-F 9:00 am- 1:00 pm

Care Net Pregnancy Center

Canyon Branch

1318 5th Ave.

806-655-4673

Medi-Park Branch

6709 Woodward St. (Amarillo)

806-354-2244 www.carenetamarillo.org

Baby items, maternity clothing, diapers

Community Outreach

1401 S Monroe (Amarillo)

806-373-4389

Food pantry available monthly on Thursdays at 10:00 a.m.

Cornerstone Outreach

1111 N. Buchanan (Amarillo)

806-381-2131

Eveline Rivers Coat Project

314 S. Jefferson (Amarillo)

806-372-3985

Children's Coats ONLY

Freedom House

45 Hunsley Rd. (Canyon)

806-655-7912

Clothing/Pantry Items/Household Needs

High Plains Food Bank

815 S. Ross (Amarillo)

806-374-8562

www.hpfb.org

Hilltop Service Center

1300 North Hughes (Amarillo)

806-376-5947

Food pantry and food stamp application assistance

Manna Ministries

2011 4th Ave. (Canyon)

806-655-3512

www.fcccanyon.com

Mission Thrift Store

500 S. Harrison (Amarillo)

806-383-0277

It's located in the old Salvation Army shop on Harrison. It offers low cost items. Also has the "Shoes for School" program that offers one pair of new shoes for children who are enrolled in school.

Salvation Army

806-373-6631 (Amarillo)

Provides food & clothing for low income families & individuals. Shoe & Sock Program- Vouchers for new shoes and socks for children K-12th. Distributed in July prior to the start of the school year.

Snack Pak 4 Kids Canyon

Contact your school counselor.

Provides weekend snacks for students and their siblings living in the home. Application process for those who wish to participate.

Southwest Church of Christ

4515 Cornell (Amarillo)

806-352-5647

Food, used clothing and furniture. By appointment only.

Texas Department of Health and Human Services

2406 W. 6th St. (Amarillo)

806-376-7214

404 21st St. (Canyon)

806-655-3071

Food Stamps

Shelters

Another Chance House

209 S. Jackson (Amarillo)

806- 372-3344

Homeless men's shelter. Must seek and maintain employment during residency.

Buckner Family Place

806-373-3422 (Amarillo)

<http://www.buckner.org/us-amarillo.shtml>

This is a transitional housing facility where single parents can live while continuing their education or training to become self-sufficient. They have support groups, bible studies and private apartments. Parent must pay rent. Call for details.

Domestic Violence Shelter

806-374-5433 (Crisis Line)

This is at a hidden address to protect women and children. Once the call is made, someone will come pick you up at a designated meeting place. For women and children only that are victims of violence. They provide advocacy and accompaniment through medical, legal and judicial systems. Services are also available for men.

Downtown Women's Center

806-372-3625 (Amarillo)

<http://www.dwcenter.org/>

This center assists women who want to become drug free and sober. It is a recovery home for women with children and who are homeless. Must be willing to work towards long term goals.

Faith City Mission

806-373-6402 (Amarillo)

This is a temporary shelter for men, women and married people. They provide private shelter, clothing and three meals a day. If there are no children, they must leave for the day. Usually limited to a 2 week stay unless working towards definite goals.

Martha's Home

1204 W. 18th Ave. (Amarillo)

806-372-4035

<http://marthashome.org>

This is a temporary shelter for women, with or without children. Stay should be no longer than 3 months. Women must be working or going to school and abide by rules and goals set for them.

Salvation Army

2101 S. Van Buren (Amarillo)

806-373-6631

This is a temporary, emergency shelter for men, women and families. Shelter is provided for up to 30 consecutive days twice a year. (Periods must be split by one night.)

Housing Needs/Utility Assistance

Alamo Community Center

1502 S. Cleveland (Amarillo)

806-373-0392

Assistance provided to low income families requesting help with utilities or needing home weatherization.

Canyon Cares

1719 5th Avenue (Canyon)

806-655-1032

Office hours: M-F, 9AM-1PM

Will work with families to meet a variety of basic needs including assistance with utilities

Catholic Family Services Low Income Housing

806-350-4605 (Amarillo)

No application Fee.

Affordable housing program provides 53 rental units for low- income families. This program provides housing for people who may not be able to afford the high deposits and added utility costs of other apartments. CFS keeps the apartments highly maintained, deposits are minimal, and utilities are included. All utilities paid

Panhandle Community Services CEAP Utility Assistance

1309 West 8th Plaza C (Amarillo)

806-372-2531

This is a free service provided for qualified families needing help paying high utility bills. Also weatherization of your home.

A. Hilltop: 1300 N. Hughes, 79101 806-376-5947

B. Alamo: 1502 S. Cleveland, 79102 806-373-0392

You must supply PCS with documentation of all household/family income. Documentation includes but limited to: Social security, SSI, TANF, wages, etc. Payments will be made on a priority matrix point system set forth by the funding agent. They also need the current bill TDHCA. In no case will PCS discriminate against age, race, religion, color, sex, national origin handicap, political affiliation or belief.

Rental Rehabilitation Program (City of Amarillo)

806-378-9319

Provides financial assistance to property owners as an incentive to rehabilitate substandard rental units. The assistance offered is in the form of a no interest deferred payment loan which is forgiven at the end of a 5 or 10 year period.

Salvation Army

400 S. Harrison (Amarillo)

806-373-6631

Dial 2-1-1 Ask for utility assistance

The Salvation Army is changing the hours of operation for our Social Services program. Effective June 1, 2010 [9:00 a.m.] Social Services will operate on a walk-in, first-come/first-served basis. Clients will be seen without having to make appointments when they have all required documents as listed below.

This change is designed to better serve clients in a timely manner. We ask you to assist us by informing your referred clients of the proper documentation they must bring with them for proper evaluation, and prompt assistance.

UTILITY ASSISTANCE:

Original State I.D./D.L. & Social Security

Most recent Bill & Disconnect Notice (name must match person seeking assistance)

Proof of income

Section 8 Rental Assistance (City of Amarillo)

806-378-3098

Federally funded program to provide rental assistance to lower income families. Participants lease units from existing market, and the city pays a rent subsidy each month to the landlord on behalf of the family. There is a waiting year of approximately two years.

Medical

Care Net Crisis Pregnancy Center

6709 Woodward 806-354-2244 (Amarillo)

1001 23rd 806-655-4673 (Canyon)

Education on adoption and pregnancy. Free pregnancy tests, counseling services, maternity and baby items, Lamaze classes, and parenting. No charge.

CHIPS

(Children's Health Ins. Plan) 806-337-1700

<http://www.chipmedicaid.com/cbo/index.htm>

Can assist families in getting their children signed up for CHIPS insurance. This insurance is for families that make too much to qualify for Medicaid. It can also assist families in determining which program they qualify for and assist pregnant women with CHIP prenatal to cover prenatal appointments and delivery. This is also for women who don't qualify for Medicaid because of their income or immigration status.

J.O. Wyatt Clinic

1411 Amarillo Blvd. (Amarillo)

806-351-7260 (anyone available)

<http://www.fmc-clinics.com/wyatt.html>

This is a place that provides health care and prescriptions. It's a "last resort" meaning that families should apply for Medicaid and CHIPS first to see if they qualify. If they do not qualify for those programs, they can apply here for medical assistance and pay on a sliding scale. They also take Medicaid, CHIPS, and other insurance. If a person does not have a Social Security number, they can get help here.

MAPS (medication assistance)

806-373-2662

This a program through United Way Helpline that helps families with needed medication. They look up the medication in the MAPS folder and give the family an 800 number to call. If they qualify, they can get the medicine free.

Medical Transportation Program

877-633-8747

The Medical Transportation Program (MTP) helps Medicaid recipients get to doctor, dentist, counseling, hospital and pharmacist appointments. You can call the toll free number Monday-Friday 8am-5pm. There are 3 ways they can help: If you have a car, they will help with gas money, they will pay for someone else to take you or they will arrange a bus or taxi to pick you up and take you. You must give them 24 hours notice.

The Medicine Program

Call 1-573-996-7300

<http://www.themedicineprogram.com/>

Monday-Friday 8:00 am -5:00 pm

They assist patients who may qualify to enroll in one or more of the many patient assistance programs now available. These programs provide prescription medicine free-of-charge to individuals in need, regardless of age, if they meet the sponsor's criteria.

Mom-Mobile

1501 Coulter Dr. (Amarillo)

806-351-7259

Provides transportation for low income pregnant women and their children to doctor's appointments. Rides must be booked 24 hours in advance.

Sight for Students

800-877-7195

Monday - Friday 5am to 7pm (Pacific Time)

<http://www.sightforstudents.org/>

Sight for Students is a VSP charity that provides free vision exams and glasses to low-income, uninsured children. The program operates nationally through a network of community partners who identify children in need and VSP network doctors who provide the eye care services.

South Plains Health Provider

824 Martin Rd 806-374-7341
200 S. Tyler 806-345-7917

This is a place homeless families can go get health services. Eligibility is based on family size and income. They use a sliding scale. Proof of income is required. They also assist families without a social security card.

Teen Health Clinic

Texas Tech Health Science Center
1400 Coulter (Amarillo)
Contact Dr. Baker 806-326-4607

Every Monday, the clinic will see teens about health issues. There will be an OB-GYN, a social worker for depression and anxiety disorder, a psychologist, parenting classes, consultation and more. Medicaid and undocumented students. No one will be turned away.

Dental

Amarillo College Dental Clinic

806-354-6050
Preventative dentistry

CHIPS and Medicaid Insurance

If a child is on Medicaid or CHIPS insurance, they can access dental services by calling the number on the back of the card to see which dentists they are eligible to see. Both Medicaid and CHIPS have limits per year.

District Clinic (JO Wyatt)

<http://www.amarillohospitaldistrict.org/wyatt.html#dental>

806-351-7260

This a program through NPTH. A person must call this number to find out if they will qualify for their services (806-345-7917). They work on a sliding scale for medical and dental care. They are the last pay resort which means when families cannot get Medicaid, CHIPS or other assistance, they should apply here.

Kool Smiles

806-553-5079

Quality dental care for children and families.

Regence Health Network Dental Health Clinic

850 Martin Road (Amarillo)

806-374-7341

Monday - Thursday from 7:30am to 6:00pm

Services provided are: x-rays, check-ups, crowns, dentures, root canals, cleanings and more. Medicaid and other insurance accepted. Sliding scale and undocumented people are welcome.

Mental Health/Assessment

ACADA (Amarillo Council on Alcohol/Drug Abuse)

806-374-6688

Free alcohol/drug abuse screening, evaluation, assessment and referral for substance abuser 17 years and older and their family.

Barton Behavioral Health Solutions PLLC.

1901 Medi Park Drive, Suite 219 (Amarillo)

806-418-2283

Assessments for ADHD, learning disorders, mood and anxiety disorders and others. Group, individual, and family counseling is available.

NAMI - Family to family (National Alliance on Mental Illness)

Call Angela at 806-354-9050 or Margie at 806-678-7385

THIS IS FOR FAMILY MEMBERS AND CAREGIVERS ONLY

This is a free series of 12 weekly classes structured to help caregivers understand and support individuals with serious mental illness while maintaining their own well being. The course is taught by a team of trained NAMI family member volunteers who know what it's like to have a loved one struggling with one of these brain disorders.

New Hope Resources

Wib Newton, Executive Director

6900 I-40 West, Suite 295

Amarillo, TX 79106

806-355-4673 <http://www.newhoperesources.com/>

NWTH: Emergency Room

806-354-6933

They will provide mental health assessments all hours. They take Medicaid and other insurances.

Pavilion: NWTH

806-354-1810 <http://www.nwtexashealthcare.com/Hospital-Services/The-Pavilion>

Free assessments and services accept Medicaid and other insurance. Must report to the NWTH Emergency room for assessment and medical clearance.

TPMHMR

901 Wallace Blvd (Amarillo)

806-358-1681

1501 S. Polk (Amarillo Outpatient Clinic)

806-337-1000

Adult Service: 806-337-1700

Children Services: 806-354-2191

Emergency/Crisis: 806-359-6699

They accept Medicaid, work on a sliding scale and accept most insurance.

Texas Tech Department of Psychiatry

1400 Coulter (Amarillo)

806-354-5620

Psychotherapy, (child, adolescent, adult, geriatric), marriage & family therapy, psychological evaluations, behavioral assessments, vocational testing, hypnotherapy, biofeedback, neurofeedback, forensic evaluation. Assessments are not free but they take Medicaid, CHIPS, and most insurance.

PRIVATE AGENCIES FOR MENTAL HEALTH ASSESSMENTS

Pam Kirby & Mark Izzard (Psychologists)

1208 Wolflin (Amarillo)

806-373-3134

Adult and children's services

Medicaid and most insurance

Dr. Ruben Mendoza (Psychiatrist)

1500 S. Taylor (Amarillo)

806-354-2191

Adult and children's services

Medicaid and most insurance

Janis Savage, M., Ed. L.P.C.
3012 SW 26th, Suite 700 Cedar Forum (Amarillo)
806-350-7648

Expertise with children: depression, anxiety, abuse and behavioral problems, parent-child relations therapy. Also expertise with adults: depression, anxiety, grief, relationship, etc. Medicaid approved.

Dr. Veeramachaneni (Psychiatrist)
22 Care Circle (Amarillo)
806-354-8300

Will take Medicaid if they go through TPMHMR. Private pay or most insurance, if they don't.

Dr. Warnica (Psychologist)
3611 Soncy, Suite 7-A (Amarillo)
806-353-4372
*Adult and children's services
Medicaid, CHIP (for assessment only)
Most insurance accepted for therapy services*

Janet S. Wilkinson, M.Ed., LPC
3611 Soncy Dr., Suite 4A (Amarillo)
806-367-6718

Mental Health/Counseling

Barton Behavioral Health Solutions, PLLC
1901 Medi-Park Dr., Suite 219 (Amarillo)
806-418-2283 <http://www.bartoncbt.com/>

Joe Barton does assessments for ADHD, learning disorders, mood and anxiety disorders and others. He also does group, individual, and family counseling.

Crisis Line (Family Support Services)
806-374-5433

This is a number families can call to get referral information or talk to someone about direction needed for problems.

Crossroads

800-537-2585 or 806-354-1810 (sponsored by the Pavilion at NWTH)

Treats the adolescents and children who suffer from depression, suicidal feelings, or misbehaving in a self-destructive manner.

Family Support Services

806-342-2500 <http://www.fss-ama.org/>

This is a center that provides education, child care, and counseling services and groups to families on a sliding scale. They have licensed counselors that help with anger management, domestic violence, marital relationships, divorce, abuse, marriage problems, etc. (24 hr. Crisis Line is 806-374-5433)

Fox Counseling Services

3321 Bell, Suite K (Amarillo)

806-355-9925

(Ages 5 and older) Individual, group, and family counseling for addiction and other personal issues; insurance and Medicaid accepted. Also, will conduct a 3 to 6 hour workshop on "Parent Alcoholism and School Performance" for a fee.

Healing Hearts Counseling Services

3321 Bell, Suite K (Amarillo)

806-355-9925

Ages 5 and older.... individual, group, and family counseling for addiction and other personal issues; insurance and Medicaid accepted. Also, will conduct a 3 to 6 hour workshop on "Parent alcoholism and School Performance" for a fee.

Heart to Heart In-Home Counseling

Diane O. Broady MA

806-467-9813

Works with families and teens to heal from past abuse and learn effective behaviors to function in a healthy lifestyle. Sliding scale.

NAMI - Family to family (National Alliance on Mental Illness)

Call Angela at 806-354-9050 or Margie at 806-678-7385

THIS IS FOR FAMILY MEMBERS AND CAREGIVERS ONLY

Thursday, March 29- June 14, 2012

VA Hospital

6010 West Amarillo Blvd

Columbia Conference Room 2012, Second floor

6-8:30pm

This is a free series of 12 weekly classes structured to help caregivers understand and support individuals with serious mental illness while maintaining their own well being. The course is taught by a team of trained NAMI family member volunteers who know what it's like to have a loved one struggling with one of these brain disorders.

MENTAL HEALTH COUNSELORS

Cathy Burns, LPC 806-374-5950

D'Ann Black, LPC 806-331-5738

LeAnn Sorrels 806-352-5660

Tricia Bradford 806-355-7755

LeeAnn Lefevre 806-352-5752

New Hope Resources

Wib Newton

6900 I-40 West, Suite 295 (Amarillo)

806-355-4673

Pavilion

Northwest Texas Hospital

806-354-1810 <http://www.nwtexashealthcare.com/Hospital-Services/The-Pavilion>

Services for adults, older adults, adolescents, and children. They assist with serious & persistent illnesses, substance abuse, mood disorders, depression, bipolar disorders, schizophrenia, etc. They also provide after care services. Medicaid, CHIP and most insurance. Walk in between 8am and 7pm. No one will be turned away. If it is an emergency, you can be admitted through the emergency room at NWTH.

Pavilion ACCESS - Crisis line 806-354-1810 Counselors are on call 24 hours a day to answer the phone to professionals and parents that have mental health concerns. This counselor will listen, take information and make referral information regarding the concerned person.

Samaritan Counseling Center

806-353-1669 or 800-318-1725 <http://www.spcca.org/>

This is a faith-based organization that offers counseling, groups and support to families. They work on a sliding scale and take most types of insurance. They have licensed counselors that will work with anger, divorce, marriage and family problems, stress related problems, etc. The center also offers educational programs for civic and church groups to help individuals and families cope effectively with life challenges. They also conduct training programs and clinical supervision for mental health professionals. The inter-denominational Pastoral Counseling Service offers a team of trained and experienced professional counselors qualified to assess problems, explore solutions, and offer a framework for personal and spiritual growth. Central office is open Monday - Thursday from 8am-5pm. Offices in Dumas and Pampa. Some appointments available in the evening.

STAR Program (TPMHMR)

806-354-2191

This is a program available for students ages 7-17 who need outside counseling. No CPS open file and no criminal record on children. They take at-risk students. Youth would be ineligible for STAR services if the family has an open CPS case that is currently in the investigation stage.

STAR Program Client Eligibility:

"Runaway Youth" - youth who has left home without parental permission or who has no identifiable residence

"Truant Youth" - A youth who has been voluntarily absent from school for reasons other than those accepted by the school where he/she is or should be enrolled

"Family Conflict" - Families with a least one child under the age of 18 who are experiencing conflict with that child

"Delinquent Youth" - A child 9 years or younger who has allegedly been involved in or actually committed a delinquent offense

"Delinquent Youth" aged 10-16 - Youth who has allegedly committed a misdemeanor offense or state jail felony offense but has not been adjudicated delinquent by the court..

Suicide & Crisis Line

806-359-6699

This can be a number to talk to someone (24 hours) or to get referral information for other places/situations. They offer a wide variety of services in addition to referral and assessment, which include stress management classes for adolescents, substance abuse/suicide prevention and community education.

TPMHMR

Initial assessment in children: 806-337-1000

Children and adults: 806-354-2191

This place will provide assessments to both children and adults. Based on the outcome, services will be provided there or they will contract services out. They can be medical or mental health needs. They work on a sliding scale.

Veteran's Counseling

Bill Santer, MA, LMFT

Dept. of Veteran Affairs

3414 Olsen Blvd., Suite E (Amarillo)

806-354-9779

West Texas Family and Community Services

601 W. 10th (Amarillo)

806-236-4122

This is a West Texas A&M program designed to help students learn while helping the community.

PRIVATE COUNSELORS WHO TAKE MEDICAID AND SPECIALIZE IN CHILDREN

Stacy Sandorkey, LPC

806-681-8686

4300 Teckla A-12 (Amarillo) Also accepts CHIPS

Betsy Goen, M.Ed., LPC

806-674-0073

6900 I-40 West. Suite 190A (Amarillo)

LeAnn Sorrels 806-352-5660

6666 W. Amarillo Blvd. (Amarillo)

Tricia Trimble, M.Ed., LPC, CTS

806-376-4030

Hope and Healing Place

1721 S. Tyler (Amarillo)

Sandy Watson, M.Ed., LPC

806-350-7647

3012 SW 26th, Suite 200 (Amarillo)

LeeAnn Lefevre, MA, LPC

806-352-5752

3131 Bell, Suite 100A (Amarillo)

Leta Acker and Associates

806-468-8900

912 Clyde (Amarillo)

Family Support Service

806-342-2517

1001 S. Polk (Amarillo)

Kleinpeter and Associates

806-352-5542

3611 S. Soncy Road #2A (Amarillo)

Texas Panhandle Centers

806-349-5674

1500 S. Taylor (Amarillo)

Troy Timmons

806-379-8282

7460 Golden Pond Place # 100 (Amarillo)

Jennings Counseling Services
806-356-9047
7470 Golden Pond Place #300 (Amarillo)

Cecelia Kern
806-626-6991
3012 W. 26th #700 (Amarillo)

Holiday Assistance

****Contact your school counselor if you need assistance. Some organizations will require a referral from the school counselor. He/she may also be able to refer you to other organizations not yet listed below.***

Eveline Rivers Christmas
314 S. Jefferson (Amarillo)

806-372-3985

<http://evelineriversproject.org/>

Referrals can be accepted through the school counselor.

Applications must include every child in the family.

You may return the forms via email, school mail or to Eveline Rivers Christmas Project at 314 S. Jefferson, 79101. You may also drop them in the mail slot at the Christmas Project address. If you complete the forms or some of the forms prior to this date please go ahead and send them in as we can get them entered into our data base that much quicker.

United Way of Amarillo and Canyon
200 S. Tyler
806-345-7981 or dial 2-1-1

They assist local agencies in avoiding duplication of services and participants in the Christmas Coalition. On a at-need basis, after all other Christmas programs have closed, 2-1-1 will assemble a list of families that are not in any other programs and strive to find a way to provide toys for them with assistance from the US Marine Corps "Toys for Tots" and the Downtown Women's Center. They also have a program to offer Christmas trees and decorations to low income families.

The Salvation Army

Angel Tree and Teen Christmas. Teen Christmas serves teens in high school from age 15 through 18. Parent or guardian must provide a photo ID and Social Security card, along with proof of income, and expenses proof of any other monthly payments, and birth certificate and Social Security card for each child (copies will be accepted). Do not bring children to registration.

Contact: Majors Tim and Cheryl Grider; 806-373-6631; fax: 806-373-5659; Cheryl_Grider@uss.salvationarmy.org.

Teen Christmas contact: Clint Walker, 806-584-0106

Drugs/Alcohol Abuse Resources

ACADA (Amarillo Council on Alcohol/Drug Abuse):

806-374-6688

Contact: Jim Craig

<http://www.acada.org/>

Free screening, evaluation, assessment, counseling (individual and group), and referral for substance abusers and their families. Different types of outpatient services available. Works on sliding scale. Age 18 or older

ACADA After Care Program 806-374-6688

Weekly support groups provided for recovering family members and recovering substance abusers. Works on sliding scale.

ACADA Families in Crisis 803 S. Rusk 806-374-6688

These are sessions to give help to families dealing with alcohol or drug abuse. The sessions are free and no pre-registration is required.

The sessions are Tuesday evenings 6:30-8:00 pm. Weekly Sessions: Abuse to Addiction, Family Roles, Family Rules, Co-dependency, Recovery.

You may begin with any session.

There is also Dimmitt, Pampa, Tulia Council on Alcoholism and Drug Abuse

ACADA Support Groups Contact 806-374-6688 Triste Shaw

This offers presentations and curriculum based support groups for youth 5-17. The cost of these services is free.

ACADA TC Program

This program deals with people on probation or parole. Contact your probation or parole officer for details.

ACADA Intensive Outpatient Treatment Program 806-374-6688

This intensive outpatient is appropriate for those who are chemically dependent and would benefit from a more structured treatment environment. The classes are held three times a week for 2 hours per session for 8 weeks. Morning and evening available.

ACADA Outpatient Treatment Program 806-374-6688

This treatment is appropriate for those who are substance abusers or chemically dependent but whose prognosis is such that a more intensive, restrictive, or structured environment is not required. It is appropriate for those who have completed a more intensive program and are in need of additional education and counseling. Works on sliding scale. Meets once a week for 3 hours for 12 weeks.

Alanon/Alateen

Top of Texas

806-376-7323 (Amarillo)

Weekly Meetings

Works with teens and adults whose lives have been affected by someone who drinks or uses drugs.

Alcohol Recovery Center

1522 S. Buchanan (Amarillo)

806-376-7993

Room, board, supervised living for males ages 18 and up. Must get a job: pay \$14 per day/\$98 per month; They accept self or community referrals

Panhandle Area of Narcotics Anonymous

Help Line - 806-378-0276

This is a meeting consisting of a variety of topics to help the addict. Meetings are held seven days a week. Also out of town meetings. Call the number above for details, times and places.

The Pavilion

1-800-537-2585

<http://www.nwtexashealthcare.com/Hospital-Services/The-Pavilion>

It offers an Intensive Outpatient Treatment Program for substance abuse and chemical dependency. A person may enroll immediately following inpatient detoxification treatment or enter directly if they have been free of substance use for 72 hours or greater. Some of the highlights of the program are: Group Therapy, Addictive Disorders, Individual Therapy, Dual Diagnosis, Ability to continue in work environment, and family centered program. Available 24 hours a day.

PRIDE (Randall and Potter Counties)

9300 South Georgia
Amarillo, TX 79118

Contact Bobbi Morton @ 806-468-5708

PRIDE will assist youth who strive to overcome the problems associated with substance abuse by providing quality intervention, prevention, and alternative services for youth in the early stages. The student goes for assessment and then enrolls into the program that is needed. The parents must commit strongly to the program before it will work.

Professional Addictions Specialty Services (PASS)

#12 Medical Dr.
Amarillo, TX 79106

806-331-0404

This is an intensive Outpatient Center designed to treat the needs of adolescents and adults with alcohol and/or drug problems. The programs are designed especially for the individual to meet their emotional, physical and spiritual needs. The participation from the client's family and other supportive people is encouraged. This is a private, non-governmentally funded treatment program. Most insurance plans are accepted.

West Texas Counseling & Rehab

2300 Line Avenue (Amarillo)

806-373-0922

<http://www.wtcr.net/>

Methadone clinic...outpatient services for 18 years and older. Within the spectrum of maintenance and detoxification, they provide individualized and group therapy, substance abuse education, infectious disease education and referrals.

Grief Support

First Baptist Church (Canyon)

806-655-2501

Will meet periodically. Call for details.

Grief Share

<http://www.griefshare.org/findagroup/>

HOPE Group: Odyssey

6900 I-40 West. Atrium. Suite 100 Amarillo, TX

806-372-7696

They will have groups throughout the year. Call for details.

Hope and Healing Place

1721 Tyler St. (Amarillo)

806-371-8998

<http://www.hopeandhealingplace.org/>

This is a program for children from Kindergarten through High School who have suffered the loss of a significant loved one. The child must have an adult who will attend his/her sessions.

Hillside Christian Church (Loss & Recovery Groups)

6100 Soncy (Amarillo)

806-457-4913

Grief Share. Survivors of Suicide, individual grief counseling. Call for details and dates. No charge. You can join the group at any point.

Contact Kris Collins 806-457-4993

New Hope Resources

Wib Newton, Executive Director

6900 I-40 West. Ste/ 295 (Amarillo)

<http://www.newhoperesources.com/>

806-355-4673 (office)

806-570-5916 (cell)

Paramount Baptist Church

3801 S. Western (Amarillo)

806-355-3396

Grief Share is a grief recovery group that meets on Tuesday nights in Room A22 at 1:00-3:00 or 6:30-8:30. There is no charge to attend but the workbooks are \$15.

Support Groups

Anger Management Group

1500 S. Taylor (Amarillo)

806- 359-2005

Group will emphasize motivation to change, labels, defense mechanisms, and being successful. Youth ages 15-17 Thursdays for 4:30-5:30pm

The Arc

806-351-3212

This is a nonprofit agency that serves children and adults with disabilities in the Panhandle. Services include respite care, and equipment library, summer camp, conferences and emergency funds.

Back on Track

806-342-2507

A family stabilization program. Meets on Tuesdays from 6:30-8:30pm

Christians Against Substance Abuse

Comanche Trail Church of Christ

2700 SE 34th (Amarillo)

806-367-4640

They meet Tuesdays from 7-8pm

Depression and Bi-polar Support Alliance

1601 S. Georgia (Amarillo)

806-378-8708

Meets at St. Andrew's Episcopal Church on the first Monday of the month at 7pm.

Divorce4Kids

First Baptist Church in Canyon

806-655-2501

This support group is for children of divorce.

Dual Recovery Group

1202 8th (Amarillo)

806-376-4071

This is for co-occurring psychiatric and substance use disorder. They meet from 12-1pm on Fridays at AWARE. COPSD screenings are 9-11am Tuesdays or 4-6pm Thursdays

Family Support Services

1001 S. Polk (Amarillo)

806-342-2500

*They have groups and individual counseling for divorce, anger, and crisis situations.
Crisis Hotline: (806) 374-LIFE*

Grandparents As Parents

806-359-4463

Classes for grandparents who've had to assume the duties of parents.

Grandparents Support Group

The group meets first and third Mondays, noon in a Sunday classroom at First Christian Church. Participants bring their own lunch (optional) and coffee and ice tea are provided. You may contact the group leaders, Norman and Dolores Spencer, at 352-6928. Church address is 3001 Wolflin, west of Georgia. The classroom is on the east side of the church, Duniven Circle; members' cars will be parked diagonally at the entrance used to enter the church.

Hillside Christian Church (Care Divorce Group)

806-457-4986

They offer this group Tuesday nights at 7pm. This is for newly divorced or people who have been divorced many years that are having difficulty. Call for details and start dates.

Hope and Healing Place

1721 S. Tyler (Amarillo)

806-371-8998

<http://hopeandhealingplace.org/>

This is a program for children from kindergarten through high school who have suffered the loss of a significant loved one. The child must have an adult who will attend his/her sessions.

Journey of Hope

TPMHMR

806-426-9454 or 806-337-1000 or 806-349-5663

This class is offered at different times of the year. Call for next session. They are free and last 8 sessions. This group is designed for families that have family members and/or friends that have mental illnesses such as schizophrenia, bi-polar, obsessive compulsive disorder, and major depression. The class provides support, education and coping skills.

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Living Life 2 the Fullest

Odyssey Health Care

806-372-7696

A program of the American Cancer Society for anyone grieving the death of a loved one regardless of the cause of death. Tuesdays 6-9pm. These classes are not constant so call for new class dates.

P.A.T.H. (Parents As Teachers & Healers)

Contact Molly Rafferty at 806-342-2511

- *Eight week group for children ages 6-13 and non-offending parents who are survivors of domestic violence.*
- *Simultaneous groups for children and parents at Family Support Services, 1001 S. Polk*
- *Focus is on personal safety, knowledge of domestic violence and coping with trauma*
- *Child groups will focus on interventions that are patterned, repetitive, fun and conducive to a feeling of safety*
- *Facilitators are Master's level counselors*
- *No charge for participation*

Rollercoasters

806-342-2500

This is an 8 week program designed to help children ages 5-12 adjust to stress related or family separation and conflicts. To enroll, parent/legal guardians must complete a form and submit. The cost is free.

Sexual Assault Support Group

1001 S. Polk (Amarillo)

806-342-5357

This group meets at 6pm on Thursdays at the Family Support Services.

Southwest Church of Christ Family Center

806-352-5647 (Amarillo)

<http://southwest.org/lifesupport/index.html>

Besides basic needs like food, clothing and house wares, they have counseling: marriage, spiritual, financial and employment. By appointment only. They also have a Single Mom's Program, Sonshiners Program for Seniors.

STAR Program

1500 S. Tyler (Amarillo)

806-359-2005

This program provides services to youth in at-risk situations and their families. The purpose of the program is to reduce family conflict and to prevent the problems of runaway, truancy and delinquent behaviors.

TX Cure

6801 W. 45th (Amarillo)

This is a support group for prisoners and their families located at the Southwest Branch Library. 2:15pm on the second Sunday of the month.

Uniting Parents

806-337-1700

This is an advocacy group designed for parents of children with disabilities. They will help families find resources, provide support, and educate families of their rights in the schools and other places.

Waiting Wives

806-353-1402

Women with husbands in Iraq or deported in war.

Parenting Classes

Amarillo College Parenting Education

806-356-3688 or 806-354-6095

Six week course, 2 hours a week, award winning curriculum, certified parent education program. Courses in: Infant Toddler, Preschool age, Elementary Child, Teenagers and Grand-parenting.

Faith City Mission

401 SE 2nd (Amarillo)

806-376-5348

Thursday Night Parenting Classes - all interested parents and caregivers

Family Support Services

1001 S. Polk (Amarillo)

806-342-2500 Hotline: 800-749-9026 Spanish Hotline: 700-799-7223

<http://www.fss-ama.org/childcare.html>

Transparenting - This is a program for parents who are going through transitions, including divorce. Classes are held at Family Support Services the first Thursday of every month 6pm-10pm.

Foster Parenting Association

2817 SE 34th (Amarillo)

806-677-1365

PRIDE - For relatives providing kinship care and who are considering adoption of the children. Meets 3rd Saturday of the month from 8:00 am-5:00 pm

Grandparents Raising Grandchildren

3001 Wolflin (Amarillo)

806-352-6928 or 806-352-5080

Meets from noon to 1pm the first and third Monday of each month in Snodgrass Hall at First Christian Church of Amarillo.

Panhandle Lifeskills

806-674-7027

Parenting Skills class topic is "Stand Alone"

Parenting Education Classes at Amarillo College

Buchanan Street Methodist Church

617 N Buchanan (Amarillo)

806-371-5188

*Parenting and Anger Management Classes
Buchanan Street Methodist Church*

Samaritan Pastoral Counseling Center - Children in the Middle

Call Twilla Woolsey @ 353-1668

Developmentally focused instruction for divorcing parents to prevent problems with their kids during divorce \$35.

TPMHMR

1500 S. Taylor (Amarillo)

806-359-2005

Make Parenting a Pleasure - For parents of children birth to 8 years old. Presented in 2 hour sessions on Monday nights for 10 weeks.

Common Sense Parenting - Boys town Press Curriculum.

Back in Control- Presented in one day from 9 to 4pm

Youth and Family Diversion Program

Potter and Randall County families

Potter Co: 806-468-5711

Randall Co: 806-468-5700

These programs are for families that have tried everything and their child is still in trouble. The child does not have to be on probation. It is a Saturday class for parents and child. The classes are held at the Detention Center by officers and counselors. They give a tour of the facility, work one-on-one with child and parent and provide referral information. This is a confrontational program so the parent must be willing to support that. The program is free and held monthly. Call for dates.

Job/ESL/GED

Texas Workforce Commission - Job Seekers and Employees

Has tips on career planning; interviews and resumes; services for layoffs and downsizing, and a free job search function.

<http://www.twc.state.tx.us/customers/jsemp/job-seekers-employees.html>

Amarillo Area Adult Literacy Council

2222 S. Harrison (Amarillo)

806-373-9009

This program will match a person 18 years old or older wanting to learn to read with a volunteer tutor who will assist. There is a \$10 assessment fee. Monday - Thursday, 8:30am-7:00pm No childcare available.

Amarillo College Community Link English and GED Classes

Register at 2412 N. Grand

806-381-8968

<http://www.actx.edu/community/>

Bilingual Classes

Comanche Trail Church of Christ (Amarillo)

2700 S.E. 34th

806-373 4190

7pm on Tuesdays

Childcare

Paramount Baptist Church (Amarillo)
806-353-1680
Wednesday 9:30-11:30am or 6:15-8:15pm
Childcare

Region 16
1601 S.Cleveland
806-677-5284
No Childcare; Call for days/times.

Conversational English Classes

First Baptist Church

13th & Tyler (Amarillo)

806-373-2891

Thurs. 10am-12pm Sunday 4:00-5:30pm
Childcare

Challenge Program

Texas 877-822-0050 or 432-836-4648

<http://www.ngycp.org/site/state/tx/>

The Texas Challenge Academy is a volunteer program for 16-18 year old teens that are at risk of dropping out or that have already dropped out of high school. The program is open to all students but requires a 17 1/2 month commitment . It has an accredited high school based on military practices. Cadets will work towards high school credit recovery, obtaining their GED and earn a high school diploma.

Christian Women's Job Corp

1515 S. Buchanan (Amarillo)

806-373-2066

This is a program that helps women with assistance to get back to the job market. They provide specific skills like communication skills, computer skills, financial management, networking abilities. They are placed with a mentor that gives support and friendship.

Cornerstone Outreach Job and Computer Training

1111 N. Buchanan (Amarillo)

806-381-2131

The Computer lab has 10 computers available for computer training classes. Job training also consists of basic interview skills, help with filling out applications and resumes. Job bank is updated weekly.

English Classes

Church of Christ at Comanche Trail

2700 S.E. 34th (Amarillo)

Thurs. 7-8:30pm

Nursery and transportation

First Baptist Church

12th and Tyler (Amarillo)

806-351-1554

Thurs. 10am-12pm, Sun. 4:00-5:30pm

Nursery and transportation

Paramount Baptist Church

3801 S. Western (Amarillo)

806-337-4488

Wednesday 6:30-8:30pm

Nursery and transportation

Washington Avenue Christian Church

3800 S. Washington (Amarillo)

806-352-1442

Mon. 7-8:30pm

Books are \$10. Transportation provided.

Amarillo North Branch Library

1500 Northeast 24th Avenue

(806) 381-7931

Saturday 10 am

Open enrollment throughout the year.

Amigo Center

2303 S. Arthur (Amarillo)

(806) 681-9110

Conversational Classes

Monday at 7:00 -9:00 pm

Tuesday 8:30- 10:30 am

Citizenship classes

Thursday 7:00-8:30 pm

Friday 9:30-11:00am

Grammar Classes (higher level)

Tuesdays 7:00-9:00 pm No childcare available.
Open enrollment throughout the year.

Cornerstone Outreach Ministries

1111 N. Buchanan (Amarillo)

806-381-2131

<http://www.faithcity.org/learn-ministries-employment-services>

GED program and mentoring. They will help with job search and placement. Childcare available.

HEP Program (Amarillo Technical Center)

806-335-4355

<http://www.actx.edu/hep/index.php?module=article&id=15>

GED Preparation and testing for farm and migrant workers. Must be at least 17 and proficient in English. Free room and board, weekly stipends and test will be paid.
Contact Lisa Lucero 806-371-5958

Job Corp

1206 W. 7th Ave. (Amarillo)

806-350-1665

Contact: Bill Spies

<http://www.jobcorps.gov/centers.aspx>

Program for students ages 16-24. Industry-based certifications, hands on training, high school and GED programs, housing, meals and medical provided. Biweekly allowance while they are learning.
Workforce Solutions 806-372-5521 Employment Specialist/Childcare Assistance

Panhandle Community Services

806-372-2531

Phyllis Cook

If you have students who can't pay for GED tests, PCS can pay for them.

Refugee and Citizenship (Catholic Family Services)

806-376-4571

Resettlement services that include medical, orientation, employment, housing, transportation, school, social security number. Translation services in 14 languages.

Area GED Testing Sites

Amarillo College

806-371-5445

www.actx.edu/testing

Region 16 ESC

1601 S. Cleveland (Amarillo)

Monday-Thursday 10:40-1:40 or 5:30-8:30

Wesley Community Center

1615 South Roberts (Amarillo)

806-372-7960

<http://www.wesleycommunitycenter.com/google98488aac95199d3c.html>

They offer a family health clinic, ESL classes, Head Start program, monthly immigration clinics, summer camp programs, evening sports and recreation for youth, youth/teen mentoring, notary services, low cost child care. They also provide Spanish and Sign Language classes.

Childcare Assistance/Support

Childcare Search 2-1-1

Will help you find child care centers in your area.

<https://www.211texas.org/211/search/childcare/main.do>

Child Care Management Systems

806-372-2836

This is a place where a person can get reduced fees for child care. The parent must be working or going to school. They can take a phone interview to see if the family will qualify. This place works with many daycare centers in the community. Must work 25 hours a week or take 9 credit hours of school to qualify.

Child Care Licensing

6200 I-40 West (Amarillo)

806-354-5307

*Parents seeking childcare providers, complaints or concerns about a childcare facility.
Open 8am-5:00pm*

Workforce Solutions Panhandle Childcare

806-372-2836 or 800-658-2662

http://www.wspanhandle.com/site_main/childcare.html

Helps parents get childcare at a reduced rate if they qualify. The income guidelines have been temporarily raised so they can serve more parents.

Miscellaneous

Adult Protective Services

800-252-5400

Call this number if you need to report abuse of adults.

Bridge Children's Advocacy Center Services

804 Quail Creek Dr (Amarillo)

806-372-2873

The Bridge aids victims of abuse and their families in a home-like environment where the family can meet with investigators and a child can be interviewed on videotape by professionals who specialize in taking testimony of children using non-suggestive techniques.

Child Protective Services

800-252-5400

If a person suspects child abuse in any way, they are required by law to report this. Call the number above to report. You cannot call the local number to make a report. If it is an emergency, call the police. If you just want general information, you can call the local number at 806-358-6211.

Consumer Credit Counseling Service of Amarillo

6300 I-40 West # 106 (Amarillo)

806-358-2221 or 800-878-2227

CCCS is a non-profit community service that provides confidential, low cost budget and debt management, counseling, housing counseling and educational programs are provided to promote financial literacy. Services are available by phone, in person and on the internet. \$20 counseling fee: debt management is on a sliding scale. Monday - Friday from 8am to 4:30pm.

Dispute Resolution Center (Panhandle Regional Planning Commission)

415 W. 8th (Amarillo)

806-373-3268

Provides mediation services to residents of the Texas Panhandle. Utilizing volunteer mediators, the center mediates divorce, custody issues, post-divorce problems, neighborhood disputes, minor criminal problems, landlord/tenant disputes, civil lawsuits as referred by the courts and small claims cases. The Center also offers facilitation for meeting or groups.

Guardianship

When a family feels they need to extend guardianship of a child due to medical or psychological reason, here are some places they can get assistance:

Alan Stucky, attorney 806-345-6300

Tom Hood, attorney 806-372-5569

TPMHMR "In Home and Family Support" Kay Annon 806-349-5653

West Texas Legal Services 806-373-6808 (must qualify)

Legal Aid of North West Texas

203 W. 8th, Suite 600 (Amarillo)

806-373-6808 or 800-955-6808

<http://www.lanwt.org/>

Provides legal services to low-income individuals who qualify by filling out an application and going through an interview. The program handles housing, consumer, family issues, employment, income maintenance, health, education, and individual rights. The program does not handle bankruptcy, criminal, non-emergency divorces, or fee-generating cases such as person injury.

Legal Assistance

888-529-5277

(For free legal help Monday - Friday 9am - 12pm)

Victims of Domestic Violence have access to legal services through Legal Aid at 2pm every Monday at Family Support Services. Legal Aid is at Guyon Saunders Resource Center every other Wednesday from 1pm until everyone has been seen.

Tutoring (online) from Amarillo Public Library -- HELPNOW

806-378-3089

http://www.amarillolibrary.org/?page_id=148

Students in the 4th-12th grades and those taking introductory college course can receive help with core academic subjects online. LearningExpress to practice GED test, free computer classes, learn foreign language. Also can participate in JobNow, a job-seeker's resource to connect with job coaches to review and improve your resume, polish your interview skills.

West Texas Legal Services

203 W. 8th (Amarillo)

806-373-6808

http://www.lanwt.org/locations_amarillo.asp

They have free legal clinics for housing rights, wills, power of attorney, crisis situations, etc. Call for workshop dates and times. People must qualify financially for legal services.